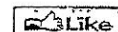


Country Neighbor Program

Orwell Site 440-437-6311

May Menu 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Milk and bread served with all meals.	Italian Chicken Rice Pilaf Broccoli Carrot Raisin Salad Peaches	Breaded Pork Chop Cabbage & Noodles Buttered Peas Applesauce	Beef Tips Mashed Potatoes/Gravy Buttered Green Beans Broc/Cauliflower Salad Juice	Chicken Salad on Bun Italian Wedding Soup Tropical Fruit Juice
7	8	9	10	11
Creamed Chicken W/Peas & Carrots Over Biscuit Coleslaw Pineapple	Porcupine Meatballs Mashed Potatoes Corn 3 Bean Salad Juice	Mac & Cheese Stewed Tomatoes Tossed Salad Pears/Juice	Breaded Chicken Mashed Potatoes W/Gravy Buttered Beets Mixed Fruit/Juice	Sloppy Joe on Bun Green Beans Roasted Potatoes Ambrosia
14	15	16	17	18
Hamburger Gravy over Mashed Potatoes Sanoma Vegetables Mixed Fruit Juice	Pork Loin Chop Rice Pilaf Harvard Beets Pea Salad Applesauce	Meat Loaf Mashed Potatoes W/Gravy Corn Tossed Salad Juice	Chicken Stir Fry Stir Fry Vegetables Rice Cabbage Salad Pineapple	Ham/Sweet Potato Casserole Cheesy Cauliflower Cucumber Salad Peaches
21	22	23	24	25
Penne Pasta W/Meat Sauce Vegetable Blend Tossed Salad Cranberry Applesauce	Polish Sausage W/Sauerkraut Mashed Potatoes W/Gravy Carrots Pineapple	Honey Mustard Chicken Garlic Buttered Noodles Mixed Vegetables Coleslaw	Hamburger on Bun Lettuce & Tomatoes Baked Beans Macaroni Salad Tropical Fruit	Cheese Ravioli W/Meat Sauce Green Beans Tossed Salad Ambrosia
28	29	30	31	
Country Neighbor will be closed in observance of Memorial Day! No Lunch will be served	Beef Stroganoff W/Noodles Stewed Tomatoes Tossed Salad Mixed Fruit/Juice	Italian Sausage W/Peppers & Onions On Bun Baked Potato Garlic Broccoli Apple Sauce	Country Fried Steak Mashed Potato/Gravy Succotash Jell-O W/Fruit Juice	3 oz. Protein 4 oz. Fruit 4 oz. Vegetable 3 oz. Starch 2 oz. Grain 8 oz. Casserole

Menu meets nutritional needs of healthy adult:

Kennedy Chazy RD CD CDE