

# October Menu 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cheeseburger Pie W/Mashed Potatoes Mixed Vegetables Peaches Juice	Pork Loin W/Gravy Apple Stuffing Green Beans Carrots Raisin Salad Juice	Spaghetti w/Meat Sauce Brussel Sprouts Chunky-Cinn. Applesauce Garlic Bread	Ham w/ Orange Sauce Sautéed Cabbage and Noodles Buttered Beets Pineapple	Cheesy Potato Soup Turkey & Provolone Wrap Beet Salad Mixed Fruit
8	9	10	11	12
Chicken Tortellini Soup Side Salad Cheesy Garlic Biscuits Tropical Fruit Juice	Meat Loaf Mashed Potatoes Buttered Corn Tossed Salad Watermelon	Italian Sausage w/ Peppers & Onions/Bun Baked Potato W/Sour Cream, Broccoli, Cheese Juice	Beef Stew W/Peas, Carrots & Potatoes over Biscuit Cabbage Salad Fresh Banana	Chicken Noodle Soup Meatball Sub w/ Mozzarella Cheese Jello Salad Juice
15	16	17	18	19
Beef Stir Fry w/ Oriental Vegetables Rice Cabbage Salad Pineapple	Kielbassa & Sauerkraut Mashed Potatoes Candied Carrots 3 Bean Salad Juice	BBQ Chicken Escalloped Potatoes Mixed Vegetables Broccoli/Cauliflower Salad Juice	Cabbage Roll Mashed Potatoes Tomato Gravy Green Beans Applesauce	Creamed Chicken with Dumplings, Peas & Carrots Cottage Cheese w/ Peaches/Juice
22	23	24	25	26
Macaroni & Cheese Buttered Spinach Coleslaw Tapioca Jello Juice	Cheeseburger on Bun Lettuce & Tomato Vegetable Soup Fruited Jell-O Peaches	Open Faced Turkey Sandwich w/ Mashed Potatoes/Gravy Green Beans Cranberry Applesauce Juice	Hotdog on Bun Baked Beans Tortellini Salad Fruit Cup Juice	Chicken Paprikash Over Noodles Lima Beans Hot Apples with Raisins Pears
29	30	31		
Breaded Chicken Parslied Garlic Potatoes Harvard Beets Mixed Fruit Juice	Stuffed Peppers W/Sauce Mashed Potatoes Peas Tossed Salad Fresh Apple	Chili Corn Bread Cole Slaw Cherry Crisp Juice	Milk and bread served with all meals. To request ingredient info., contact Country Neighbor at 440-437-6311	3 oz. Protein 4 oz. Fruit 4 oz. Vegetable 3 oz. Starch 2 oz. Grain 8 oz. Casserole