

November 2018



Mon	Tue	Wed	Thu	Fri
			<u>1</u> 9:00 Muffin Mingle 10:00 Silver Sneakers 12:30 Cards/Games/Puzzles 12:30 Mexican Train	
	<u>6 ELECTION DAY</u> 9:00 Current Events 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 12:30 Mexican Train	<u>7</u> 9:00 Coffee Club 10:00 Craft/Bake Sale 10:00 Yoga 12:30 Adult Coloring Club 1:30 Tai-Chi	<u>8</u> 9:00 Muffin Mingle 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 12:30 Mexican Train 12:30 BINGO w/Kelly	
	<u>13</u> 9:00 Current Events 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 11:00 UH Presentation 12:30 Mexican Train 1:00 Diabetes Support Group	<u>14</u> 9:00 Coffee Club 10:00 Yoga 10:00 Craft 12:30 Adult Coloring Club 1:30 Tai-Chi	<u>15</u> 9:00 Muffin Mingle 10:00 Silver Sneakers 12:00 Medicare Enrollment 12:15 November Birthdays 12:30 Cards/Games/Puzzles 12:30 Mexican Train	
	<u>20</u> 9:00 Current Events 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 12:30 Mexican Train	<u>21</u> 9:00 Coffee Club 10:00 Yoga 10:30 Craft w/Jodi Fowler 12:30 Adult Coloring Club 1:30 Tai-Chi	<u>22—THANKSGIVING (Closed)</u> Happy Thanksgiving	
<i>Schedule is subject to change!</i>	<u>27</u> 9:00 Current Events 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 12:30 Mexican Train	<u>28</u> 9:00 Coffee Club 10:00 Yoga 10:00 Craft 12:30 Adult Coloring Club 1:30 Tai-Chi	<u>29</u> 9:00 Muffin Mingle 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 12:15 50/50 Raffle 12:30 Mexican Train	